

Lutheran Church of Hope

Pastor Liz Lowry

Drawn together by God, celebrating Grace, serving all

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Office Administrator Hours: Monday—Thursday, 1-5 PM

MARCH 1, 2026

SECOND SUNDAY IN LENT

LENT in SECOND SUNDAY



WELCOME

Blessed be the holy Trinity, ☩ one God, who forgives all our sin, whose mercy endures forever. **Amen.**

Let us confess our sin before God, who removes our guilt and blots out all offenses.

Silence is kept for reflection.

Gracious God,

have mercy on us according to your steadfast love.

For seeking worldly delights that deceive us and dishonor you:

Gracious God,

have mercy on us according to your steadfast love.

For desiring self-reliance instead of hungering for your word:

Gracious God,

have mercy on us according to your steadfast love.

For failing to recognize your coming reign,

and for hindering the work of the Spirit: Gracious God,

have mercy on us according to your steadfast love.

For drawing from the well of self-serving ambition,

and for disdain the living water Christ offers: Gracious God,

have mercy on us according to your steadfast love.

For disregarding voices from the margin,

and for distrusting signs of your healing and hope in the world:

Gracious God,

have mercy on us according to your steadfast love.

For dwelling in tombs of self-pity and discontent,

and for disregarding Christ's call to come forth to life:

Gracious God,

have mercy on us according to your steadfast love.

God's steadfast love, grace, and forgiveness abound.

Through faith, the free gift of God, you have been clothed in the

righteousness of Christ. In the name of ☩ Jesus Christ, your sins are

forgiven. The Spirit of the One who raised Christ from the dead

dwells in you, pours God's love into your hearts,

and gives you life and peace. **Amen.**

For the Troubles and the Sufferings

Pe - las do - res des - te mun - do, ó Se - nhor,
 For the trou - bles and the suf - f'rings of the world,

im - plo - ra - mos pi - e - da - de. *A*
 God, we call up - on your mer - cy: the

um só tem - po ge - me a cri - a - ção. *Teus ou -*
 whole cre - a - tion's la - bor - ing in pain! Lend an

vi - dos se in - cli - nem ao cla - mor des - sa
 ear . . . to the ris - ing cry for help from op -

gen - te o - pri - mi - da. *A - pres - sa - te com*
 pressed and hope - less peo - ple: Come! Has - ten your sal -

tu - a sal - va - ção. *A tu - a paz,*
 va - tion, heal - ing love! We pray for peace,

ben - di - ta e ir - ma - na - da co'a jus -
 the bless - ed peace that comes from mak - ing

ti - ça *a - bra - ce o mun - do in - tei - ro.*
 jus - tice, to cov - er and em - brace us.

Tem com - pai - xão! *O teu po - der*
 Have mer - cy, Lord! We pray for pow'r,

sus - ten - te o tes - te - mu - nho do teu po - vo.
 the pow'r that will sus - tain your peo - ple's wit - ness:

Teu rei - no ve - nha a nos! Ky - ri - e - e - le - i - son!
 un - til your king - dom comes. *Ky - ri - e - e - le - i - son!*

Text: Rodolfo Gaede Neto, b. 1951; tr. Simeí Monteiro, b. 1943, and Jorge Lockward, b. 1965

Music: PELAS DORES DESTA MUNDO, Rodolfo Gaede Neto

Portuguese text and music © 1998, 2004 Rodolfo Gaede Neto, admin. Augsburg Fortress

English text © 2004 General Board of Global Ministries, GBGMusik

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OPENING PRAYER

GATHERING SONG

Jesus, Keep Me Near the Cross

ELW 335



1 Je - sus, keep me near the cross, there's a pre - cious foun - tain;
2 Near the cross, a trem - bling soul, love and mer - cy found me;
3 Near the cross! O Lamb of God, bring its scenes be - fore me;
4 Near the cross I'll watch and wait, hop - ing, trust - ing ev - er,



free to all, a heal - ing stream flows from Cal - v'ry's moun - tain.
there the bright and morn - ing star sheds its beams a - round me.
help me walk from day to day with its shad - ow o'er me.
till I reach the gold - en strand just be - yond the riv - er.

Refrain



In the cross, in the cross be my glo - ry ev - er;



till my ran - somed soul shall find rest be - yond the riv - er.

Text: Fanny J. Crosby, 1820–1915

Music: NEAR THE CROSS, William H. Doane, 1832–1915

CHILDREN'S SERMON

PSALM 121

- ¹ I lift up my eyes to the hills;
from where is my help to come?
- ² **My help comes from the LORD,
the maker of heaven and earth.**
- ³ The LORD will not let your foot be moved
nor will the one who watches over you fall asleep.
- ⁴ **Behold, the keeper of Israel
will neither slumber nor sleep;**
- ⁵ the LORD watches over you;

the LORD is your shade at your right hand;

**⁶ the sun will not strike you by day,
nor the moon by night.**

⁷ The LORD will preserve you from all evil
and will keep your life.

**⁸ The LORD will watch over your going out and your coming in,
from this time forth forevermore.**

GOSPEL—John 3:1-17

¹ Now there was a Pharisee named Nicodemus, a leader of the Jews. ² He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God, for no one can do these signs that you do unless God is with that person.” ³ Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” ⁴ Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” ⁵ Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶ What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷ Do not be astonished that I said to you, ‘You must be born from above.’ ⁸ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” ⁹ Nicodemus said to him, “How can these things be?” ¹⁰ Jesus answered him, “Are you the teacher of Israel, and yet you do not understand these things?

¹¹ “Very truly, I tell you, we speak of what we know and testify to what we have seen, yet you do not receive our testimony. ¹² If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? ¹³ No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴ And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life.

¹⁶ “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

¹⁷ “Indeed, God did not send the Son into the world to condemn the world but in order that the world might be saved through him.”

The Gospel of the Lord.

Thanks be to God.

PRAYER SONG

Take, Oh, Take Me As I Am

ELW 814

The image shows a musical score for the song 'Take, Oh, Take Me As I Am'. It consists of four staves. The first two staves are the first line of music, with the lyrics 'Take, oh, take me as I am; sum-mon out what I shall be;' written below the notes. The last two staves are the second line of music, with the lyrics 'set your seal up - on my heart and live in me.' written below the notes. The music is written in a key signature of three flats (B-flat, E-flat, A-flat) and a common time signature (C). The melody is primarily composed of eighth and quarter notes, with some rests and ties. The bass line consists of chords and single notes, providing a harmonic foundation for the melody.

Text: John L. Bell, b. 1949

Music: TAKE ME AS I AM, John L. Bell

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PRAYERS OF THE PEOPLE

Lord, in your mercy.
Hear our prayer.



- 1 Bless-ed as-sur-ance, Je-sus is mine! Oh, what a fore-taste of glo-ry di-vine!
- 2 Per-fect sub-mis-sion, per-fect de-light, vi-sions of rap-ture now burst on my sight;
- 3 Per-fect sub-mis-sion, all is at rest; I in my Sav-ior am hap-py and blest,



Heir of sal-va-tion, pur-chase of God, born of his Spir-it, washed in his blood.
 an-gels de-scend-ing bring from a-bove ech-oes of mer-cy, whis-pers of love.
 watch-ing and wait-ing, look-ing a-bove, filled with his good-ness, lost in his love.

Refrain

This is my sto-ry, this is my song, prais-ing my Sav-ior all the day long:



this is my sto-ry, this is my song, prais-ing my Sav-ior all the day long.

Text: Fanny J. Crosby, 1820–1915

Music: ASSURANCE. Phoebe P. Knapp, 1830–1908

SHARING OF THE PEACE

The peace of the Lord be with you always.
And also with you.

OFFERING

The offerings received by this congregation support this church and local ministries in Anchorage. Checks can be made out to "Lutheran Church of Hope." You may also use the iPad at the entrance to the sanctuary to make a secure donation via Square or scan the QR code in the insert to donate via Tithe.ly.



Ben - di - ce, Se - ñor, nues - tro pan, y da pan a los que tien - en
 God bless to . . us our . . bread, and give bread . . to all those who are



ham - bre y ham - bre de jus - ti - cia a los que tien - en
 hun - gry, and hun - ger for jus - tice to those who are



pan. Ben - di - ce, Se - ñor, nues - tro pan.
 fed. God bless to . . . us our . . . bread.

Text: Argentine traditional, collected by Federico Pagura, 1923–2016; tr. John L. Bell, b. 1949

Music: BENDICE NUESTRO PAN, Argentine melody, collected by Federico Pagura; arr. John L. Bell

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OFFERING PRAYER

O God, maker of heaven and earth, your steadfast love embraces all creation. You send rain and sunshine to nourish the earth and bring forth its bounty. Through these gifts of bread and wine, draw us into the death and life of your Son, who calls us to bear witness to his saving work. We ask this in Jesus' name. **Amen.**

EUCHARISTIC PRAYER

Blessed are you, Lord of heaven and earth, for you have had mercy on us and given your only-begotten Son that whoever believes in him should not perish but have eternal life. We give you thanks for the priceless grace you have bestowed upon us through Jesus Christ, who died upon the tree of Calvary and rose again to make us living branches, drawing our life from him and bearing fruit in all the world. Send your Holy Spirit, the Spirit of truth and power, to renew our faith as we receive our crucified and risen Lord who comes to us in his body and blood.

WORDS OF INSTITUTION

LORD'S PRAYER

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.

Save us from the time of trial
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

COMMUNION HYMNS

ELW 479

We Come to the Hungry Feast



1 We come to the hun - gry feast hun - gry for a word of peace.
2 We come to the hun - gry feast hun - gry for a world re - leased
3 We come to the hun - gry feast hun - gry that the hun - ger cease,



To hun - gry hearts un - sat - is - fied the love of God is
from hun - gry folk of ev - 'ry kind, the poor in bod - y,
and know - ing, though we eat our fill, the hun - ger will stay



not de - nied. We come, we come to the hun - gry feast.
poor in mind. We come, we come to the hun - gry feast.
with us; still we come, we come to the hun - gry feast.

Text: Ray Makeever, b. 1943
Music: HUNGRY FEAST, Ray Makeever
Text and music © 1982 Ray Makeever, admin. Augsburg Fortress.

Amazing Grace, How Sweet the Sound



1 A - maz - ing grace!— how sweet the sound— that
 2 'Twas grace that taught my heart to fear, and
 3 Through man - y dan - gers, toils, and snares I
 4 The Lord has prom - ised good to me; his
 5 When we've been there ten thou - sand years, bright



saved a wretch like me! I once was lost, but
 grace my fears re - lieved; how pre - cious did that
 have al - read - y come; 'tis grace has brought me
 word my hope se - cures; he will my shield and
 shin - ing as the sun, we've no less days to



now am found; was blind, but now I see.
 grace ap - pear the hour I first be - lieved!
 safe thus far, and grace will lead me home.
 por - tion be as long as life en - dures.
 sing God's praise than when we'd first be - gun.

Text: John Newton, 1725–1807, alt., sts. 1–4; anonymous, st. 5
 Music: NEW BRITAIN, W. Walker, *Southern Harmony*, 1835

PRAYER

God of our salvation,
we give you thanks for this meal that restores our souls,
reconciles us to you, and strengthens us for the journey.
Through the body and blood of your Son,
may we become Christ's body in the world,
bearing witness to your love for all creation,
through Jesus Christ, our Savior and Lord.
Amen.

ANNOUNCEMENTS

APOSTLE'S CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**
**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**
**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

BENEDICTION

People of God,
keep your eyes wide open,
your hands willing,
your hearts generous,
your ears attentive,
your senses awake,
your feet light,
your hope alive,
and your faith on fire.

And may the peace of the Christ go with you, wherever he may send you.
May he guide you through the wilderness, protect you through the storm.
May he bring you home rejoicing at the wonders he has shown you.
May he bring you home rejoicing once again into our doors.

May the God of Hope Go with Us

Dios de la esperanza



¡Dios de la es - pe - ran - za, da - nos go - zo y paz!
 May the God of hope go with us ev - 'ry day,



Al mun - do en cri - sis, ha - bla tu ver - dad.
 to a world in need with news of joy and peace.



Dios de la jus - ti - cia, mán - da - nos tu luz,
 May the God of jus - tice speed us on our way,



luz y es - pe - ran - za en la os - cu - ri - dad.
 bring - ing light and hope to ev - 'ry land and race.



O - re - mos por la paz, can - te - mos
 Pray - ing, let us work for peace; sing - ing, share our



de tu a - mor. Lu - che - mos por la paz,
 joy with all; work - ing for a world that's new,



fie - les a ti, Se - ñor.
 faith - ful when we hear Christ's call.

Text: Alvin Schutmaat, 1921–1988, alt.
 Music: ARGENTINA, Argentine folk melody

DISMISSAL

Go in peace. Believe the good news.
Thanks be to God.



Please take a look at the worship volunteer sign-up sheets posted in the welcome area.

Our volunteers help prepare communion, bring refreshments for fellowship, and usher.

welcome

Name:

Pronouns:

Phone Number:

Email:

Address:

I am a...

- First Time Visitor
- Regular Visitor
- Church Member
- In Need of Prayer

I would like to...

- receive the Weekly News email
- receive the monthly Newsletter
- learn how to get involved
- receive a call from Pastor Liz

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PRAYER REQUEST

Please place this tab in the offering plate.

CALENDAR

*Lutheran Church of Hope events are in **bold***

SUNDAY, MARCH 1

- 8:30 AM—Bible Study**
- 10 AM—Worship with Holy Communion**
- 2 PM—Christian Worship Center

MONDAY, MARCH 2 *Office Hours 1-5 PM*

- 5:30 PM—Sit Stay Play AK
- 6 PM—JOIN Meeting**

TUESDAY, MARCH 3 *Office Hours 1-5 PM*

- 3:30 PM—Mobile Food Pantry
- 7 PM—Plus 24 AA
- 7 PM—Shoulder to Shoulder Al Anon

WEDNESDAY, MARCH 4 *Office Hours 1-5 PM*

- 6 PM—Lent Supper**
- 6:30 PM—Lent Class**

THURSDAY, MARCH 5 *Office Hours 1-5 PM*

- 6:30 PM— There Is A Solution OA

FRIDAY, MARCH 6

- 6 PM—Sit Stay Play AK

SATURDAY, MARCH 7

- 12 PM—United Church of God
- 5 PM—Game Night**

SUNDAY, MARCH 8

- 8:30 AM—Bible Study**
- 10 AM—Worship With Holy Communion**
- 2 PM—Christian Worship Center

I would like a call from
Pastor Liz
March 1, 2026