

Lutheran Church of Hope

Pastor Liz Lowry

Drawn together by God, celebrating Grace, serving all

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Office Administrator Hours: Monday—Thursday, 1-5 PM

MARCH 9, 2025

FIRST SUNDAY OF LENT



Welcome

We are glad you are here. May you feel the presence of God with you and in this community as we sing, pray, hear the Word and share in God's communion.

If you would like to share with us your name and connect with us in other ways, there is a visitor card at the back of this bulletin that may be filled out and placed in the offering plate.

Here's some things it may be helpful to know:

Most of what you need to follow the service is in this bulletin. "ELW" refers to the red hymnal at your seat. If a song is not in the bulletin, it will be in that book.

Our "Pray & Play" area is for our children! We are so glad they are here and rejoice that God gives us many ways to worship, learn and pray. We love their giggles and squirms. Children's coloring pages are available for them. There are books and bibles available for all ages, and kids are encouraged to participate and help with every and any aspect of the service - including reading Scripture and helping with communion! There is also a "Wiggle Room" towards the back of the sanctuary if you need a separate space for your little one where you can still hear the service.



This Sunday

Next Sunday

Communion Preparation

Carolyn C.

Bonnie B.

Fellowship

Jennifer W.

Technical Support

Adam B.

Megan B.

Altar Flowers

Phyllis R.

WELCOME

CALL TO WORSHIP

Come in.
Feel your feet on the floor.
Settle your worries.
Take a deep breath.
Relax the tension in your jaw,
for Christ is here.
God never stops seeking us.
We have been found.
Let us find God in return.
Let us worship the God of deep waters.
Amen.

GATHERING SONG

Come, Thou Fount of Every Blessing

ELW 807



1 Come, thou Fount of ev - 'ry bless-ing, tune my heart to sing thy grace;
2 Here I raise my Eb - en - e - zer: "Hith-er by thy help I've come";
3 Oh, to grace how great a debt - or dai - ly I'm con-strained to be;



streams of mer - cy, nev - er ceas - ing, call for songs of loud - est praise.
and I hope, by thy good plea - sure, safe - ly to ar - rive at home.
let that grace now like a fet - ter bind my wan-d'ring heart to thee.



While the hope of end - less glo - ry fills my heart with joy and love,
Je - sus sought me when a strang - er, wan - d'ring from the fold of God;
Prone to wan - der, Lord, I feel it; prone to leave the God I love.



teach me ev - er to a - dore thee; may I still thy good-ness prove.
he, to res - cue me from dan - ger, in - ter - posed his pre - cious blood.
Here's my heart, oh, take and seal it; seal it for thy courts a - bove.

Text: Robert Robinson, 1735–1790, alt.

Music: NETTLETON, J. Wyeth, *Repository of Sacred Music*, Part II, 1813

CONFESSION AND FORGIVENESS

Have mercy, O God,
against you, you alone,
we have sinned.
In your compassion,
cleanse us from our sin
and take away our guilt.
Create in us a new heart
and give us a steadfast spirit.
Do not cast us away,
but fill us with your Holy Spirit
and restore your joy within us.
Amen.

As tender as parent to child,
so deep is God's compassion for you.
As high as heaven is above earth,
so vast is God's love for you.
As far as east is from west,
so far God removes your sin from you,
renewing your life through Jesus Christ.
Blessed be God who crowns us with mercy and love.
Blessed be God forever.

CHILDREN'S MESSAGE

PSALM 25:1-10

¹To you, O LORD, I lift up my soul.

²**O my God, in you I trust;**
do not let me be put to shame;
do not let my enemies exult over me.

³Do not let those who wait for you be put to shame;
let them be ashamed who are wantonly treacherous.

⁴**Make me to know your ways, O LORD;**
teach me your paths.

⁵Lead me in your truth and teach me, for you are the God of my salvation;
for you I wait all day long.

⁶**Be mindful of your mercy, O LORD, and of your steadfast love,**

for they have been from of old.

⁷Do not remember the sins of my youth or my transgressions;
according to your steadfast love remember me,
for the sake of your goodness, O LORD!

⁸**Good and upright is the LORD;
therefore he instructs sinners in the way.**

⁹He leads the humble in what is right
and teaches the humble his way.

¹⁰**All the paths of the LORD are steadfast love and faithfulness,
for those who keep his covenant and his decrees.**

GOSPEL—Luke 5:1-11

¹ Once while Jesus was standing beside the Lake of Gennesaret and the crowd was pressing in on him to hear the word of God, ² he saw two boats there at the shore of the lake; the fishermen had gotten out of them and were washing their nets. ³ He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. ⁴ When he had finished speaking, he said to Simon, “Put out into the deep water and let down your nets for a catch.” ⁵ Simon answered, “Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets.” ⁶ When they had done this, they caught so many fish that their nets were beginning to burst. ⁷ So they signaled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. ⁸ But when Simon Peter saw it, he fell down at Jesus’s knees, saying, “Go away from me, Lord, for I am a sinful man!” ⁹ For he and all who were with him were astounded at the catch of fish that they had taken, ¹⁰ and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, “Do not be afraid; from now on you will be catching people.” ¹¹ When they had brought their boats to shore, they left everything and followed him.

The Gospel of the Lord.
Thanks be to God.

SERMON

Pastor Liz

To You All Hearts Are Open

The musical score is written on a single treble clef staff in a key signature of one flat (B-flat). It consists of three lines of music. The first line begins with a repeat sign and contains the lyrics: "To you all hearts are o - pen, to". The second line continues with: "you all de - sires known. To you there are no". The third line features a triplet of eighth notes over the words "se - crets," and ends with a double bar line and repeat sign over the words "al - might - y God; we come to you." The word "Last time" is written above the final measure of the third line.

Text: John Tirro, b. 1966; based on an 11th cent. collect, tr. *Book of Common Prayer*

Music: ALL HEARTS ARE OPEN, John Tirro

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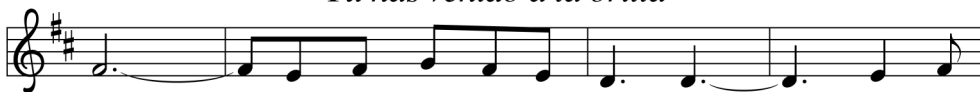
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PRAYERS OF THE PEOPLE

Lord, in your mercy.

Hear our Prayer.

You Have Come Down to the Lakeshore

Tú has venido a la orilla

1 Tú has ve - ni - do a la o - ri - lla, no has bus -
 1 You have come down to the lake - shore seek - ing
 2 You know full well what I have, Lord: nei - ther
 3 You need my hands, my ex - haus - tion, work - ing
 4 You who have fished oth - er wa - ters; you, the



ca - do ni a sa - bios ni a ri - cos; tan só - lo
 nei - ther the wise nor the wealth - y, but on - ly
 trea - sure nor wea - pons for con - quest, just these my
 love for the rest of the wea - ry— a love that's
 long - ing of souls that are yearn - ing: O lov - ing



quie - res que yo te si - ga.
 ask - ing for me to fol - low.
 fish nets and will for work - ing.
 will - ing to go on lov - ing.
 Friend, you have come to call me.

Refrain / Estribillo

Se - ñor, me has mi - ra - do a los o - jos; son - ri - en - do,
 Sweet Lord, you have looked in - to my eyes; kind - ly smil - ing,



has di - cho mi nom - bre. En la a - re - na he de - ja - do mi
 you've called out my name. . . . On the sand I have a - ban - doned my



bar - ca; jun - to a ti bus - ca - ré o - tro mar.
 small boat; now with you, I will seek oth - er seas.

Text: Cesáreo Gabaráin, 1936–1991; tr. Madeleine Forell Marshall, b. 1946
 Music: PESCADOR DE HOMBRES, Cesáreo Gabaráin

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SHARING OF THE PEACE

OFFERING

The offerings received by this congregation support this church and local ministries in Anchorage. Checks can be made out to "Lutheran Church of Hope." You may also use the iPad at the entrance to the sanctuary to make a secure donation via Square or scan the QR code in the insert to donate via Tithe.ly.

OFFERTORY

ELW 481

Come to the Table



Come to the ta - ble of mer - cy, pre - pared with the wine and the bread.



All who are hun - gry and thirst - y, come, and your souls will be fed.



Come at the Lord's in - vi - ta - tion; re - ceive from his nail - scarred hand.



Eat of the bread of sal - va - tion; drink of the blood of the Lamb.

Text: Claire Cloninger, b. 1942

Music: COME TO THE TABLE, Martin J. Nystrom, b. 1956

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OFFERING PRAYER

Holy God, gracious and merciful, you bring forth food from the earth and nourish your whole creation. Turn our hearts toward those who hunger in any way, that all may know your care; and prepare us now to feast on the bread of life, Jesus Christ, our Savior and Lord. **Amen.**

EUCCHARISTIC PRAYER

God of our weary years, God of our silent tears,
you have brought us this far along the way.

In times of bitterness you did not abandon us,
but guided us into the path of love and light.
In every age you sent prophets
to make known your loving will for all humanity.
The cry of the poor has become your own cry;
our hunger and thirst for justice is your own desire.
In the fullness of time, you sent your chosen servant
to preach good news to the afflicted,
to break bread with the outcast and despised,
and to ransom those in bondage to prejudice and sin.

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and all people for the forgiveness of sin.
Do this for the remembrance of me.

For as often as we eat of this bread and drink from this cup
we proclaim the Lord's death until he comes.

Christ has died.

Christ is risen.

Christ will come again.

Remembering, therefore, his death and resurrection,
we await the day when Jesus shall return
to free all the earth from the bonds of slavery and death.
Come, Lord Jesus! And let the church say, Amen.

Amen.

Send your Holy Spirit, our advocate,
to fill the hearts of all who share this bread and cup
with courage and wisdom to pursue love and justice in all the world.
Come, Spirit of freedom! And let the church say, Amen.
Amen.

Join our prayers and praise with your prophets and martyrs of every age,
that, rejoicing in the hope of the resurrection,
we might live in the freedom and hope of your Son.
Through him, with him, in him, in the unity of the Holy Spirit,
all glory and honor is yours, almighty Father, now and forever.
Amen.

LORD'S PRAYER

**Our Father, who art in heaven,
 hallowed be thy name, thy kingdom come,
 thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
 as we forgive those who trespass against us;
and lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen.**

COMMUNION HYMNS

ELW 493

Taste and See

Refrain – All

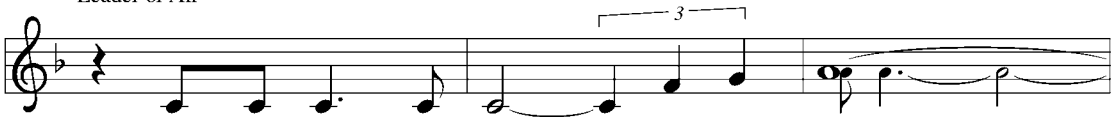


Taste and see, taste and see the good-ness of the Lord. Oh,



taste and see, taste and see the good-ness of the Lord, of the Lord.

Leader or All



- 1 I will bless the Lord at all times.
- 2 Glo - ri - fy the Lord with . . . me.
- 3 Wor-ship . . . the Lord, all you peo-ple.



Praise shall al - ways be on my lips;
To - geth - er let us all praise God's name.
You'll want for noth - ing . . . if you ask.



my soul shall glo - ry in the Lord;
I called the Lord, . . who an - swered me;
Taste and see . . . that the Lord is good;

Refrain



for God has been so good to me.
from all my trou - bles I was set free.
in God we need put all our trust.

Text: James E. Moore Jr., b. 1951, based on Ps. 34

Music: TASTE AND SEE, James E. Moore Jr.

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Beautiful Things



1 All this pain; I won - der if I'll
 2 All this earth; . . . could all that is
 3 All a - round, . . . hope is spring - ing



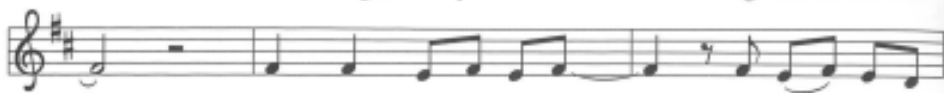
ev - er find my way. I won - der if my
 lost ev - er be found? . . . Could a gar - den
 up from this old ground. . . . Out of cha - os,



life could real - ly change at all.
 come up from this ground at all?
 life is be - ing found in you.



You make beau-ti-ful things, you make beau-ti - ful things out of the dust.



You make beau-ti - ful things, you make beau-ti -



ful things out of us.

Text: Michael Gungor, b. 1980, and Lisa Gungor, b. 1982

Music: Michael Gungor and Lisa Gungor

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BEAUTIFUL THINGS
 Irregular

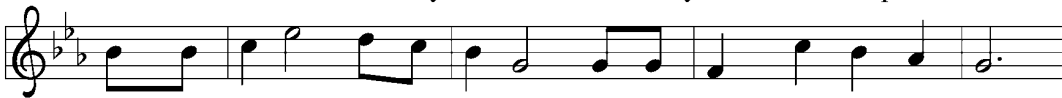
Savior, like a Shepherd Lead Us



1 Sav - ior like a shep-herd lead us; much we need your ten - der care.
 2 We are yours; in love be - friend us, be the guard-ian of our way;
 3 You have prom-ised to re - ceive us, poor and sin - ful though we be;
 4 Ear - ly let us seek your fa - vor, ear - ly let us do your will;



In your pleas-ant pas-tures feed us, for our use your fold pre-pare.
 keep your flock, from sin de - fend us, seek us when we go a - stray.
 you have mer - cy to re - lieve us, grace to cleanse, and pow'r to free.
 bless - ed Lord and on - ly Sav - ior, with your love our spir - its fill.



Bless-ed Je - sus, bless-ed Je - sus, you have bought us; we are yours.
 Bless-ed Je - sus, bless-ed Je - sus, hear us chil - dren when we pray.
 Bless-ed Je - sus, bless-ed Je - sus, ear - ly let us turn to you.
 Bless-ed Je - sus, bless-ed Je - sus, you have loved us, love us still.



Bless-ed Je - sus, bless-ed Je - sus, you have bought us; we are yours.
 Bless-ed Je - sus, bless-ed Je - sus, hear us chil - dren when we pray.
 Bless-ed Je - sus, bless-ed Je - sus, ear - ly let us turn to you.
 Bless-ed Je - sus, bless-ed Je - sus, you have loved us, love us still.

Text: attr. Dorothy A. Thrupp, 1779–1847
 Music: BRADBURY, William B. Bradbury, 1816–1868

BLESSING**ANNOUNCEMENTS****BENEDICTION**

Beloved wanderer, as you leave this place, may your heart be curious. May you look for God in every face. May you find the courage to get out of the boat, to run to the tomb, and to speak of your faith. And when the world falls apart, may you hear God's voice deep within, saying, "Take heart, it is I, be not afraid." You are called. You are blessed. In both your ups and your downs, you always belong to God. **Amen.**

Bless Now, O God, the Journey



1 Bless now, O God, the jour - ney that all your peo - ple make,
 2 Bless so - journ - ers and pil - grims who share this wind - ing way;
 3 Di - vine e - ter - nal lov - er, you meet us on the road.



the path through noise and si - lence, the way of give and take.
 your hope burns through the ter - rors, your love sus - tains the day.
 We wait for lands of prom - ise where milk and hon - ey flow,



The trail is found in des - ert and wīnds the moun - tain round,
 We yearn for ho - ly free - dom while of - ten we are bound;
 but wait - ing not for plac - es, you meet us all a - round.



then leads be - side still wa - ters, the road where faith is found.
 to - geth - er we are seek - ing the road where faith is found.
 Our cov - e - nant is writ - ten on roads, as faith is found.

Text: Sylvia G. Dunstan, 1955–1993

Music: LLANGLOFFAN, Welsh tune, 19th cent.

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DISMISSAL

Go in peace. Trust the good news.
Thanks be to God.

Journal

Name:

I am a...

- First Time Visitor
- Regular Visitor
- Church Member
- In Need of Prayer

Pronouns:

Phone Number:

Email:

Address:

I would like to...

- receive the Weekly News email
- receive the monthly Newsletter
- learn how to get involved
- receive a call from Pastor Liz

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PRAYER REQUEST

Please place this tab in the offering plate.

CALENDAR

*Lutheran Church of Hope events are in **bold***

SUNDAY, MARCH 9

- 8:30 AM—Bible Study**
- 10 AM—Worship with Holy Communion**
- 2 PM—Christian Worship Center

MONDAY, MARCH 10 *Office Hours 1-5 PM*

- 5:30 PM—Sit Stay Play AK
- 6 PM—Queer Ideas of Fun AA

TUESDAY, MARCH 11 *Office Hours 1-5 PM*

- 3:30 PM—Mobile Food Pantry
- 7 PM—Plus 24 AA
- 7 PM—Shoulder to Shoulder Al Anon

WEDNESDAY, MARCH 12 *Office Hours 1-5 PM*

- 6 PM—Lent Study & Supper**

THURSDAY, MARCH 13 *Office Hours 1-5 PM*

- 6:30 PM— There Is A Solution OA

FRIDAY, MARCH 14

- 6 PM—Sit Stay Play AK

SATURDAY, MARCH 15

- 12 PM—United Church of God

SUNDAY, MARCH 16

- 8:30 AM—Bible Study**
- 10 AM—Worship With Holy Communion**
- 2 PM—Christian Worship Center

I would like a call from
Pastor Liz
March 9, 2025